



Light of Christ Lutheran Church



2024 Stephen Ministry Training

It is very important that you attend all sessions. All classes are Thursdays beginning promptly at 6 pm and end at 8:30 pm.

Key: PCR (Pre-Class Reading) / SMTM (Stephen Minister Training Manual) / CC-AWOL (Christian Caregiving—a Way of Life) / STTIL (Speaking the Truth in Love: How to Be an Assertive Christian) / WAH (When and How to Use Mental Health)

| # | Date | Module | Reading Assignment |
|---|----------------------|--|--|
| 1 | Apr 11 th | T-1 The Person of the Caregiver | None |
| 2 | Apr 25 th | T-2 Feelings: Yours, Mine, and Ours | SMTM, “Feelings: Yours, Mine, and Ours” PCR CC-AWOL, preface thru chapter 4 |
| 3 | May 9 th | T-3 The Art of Listening | SMTM, “The Art of Listening” PCR CC-AWOL, chapters 5–8 |
| 4 | May 16 th | T-4 Distinctively Christian Caring – Part 1 | CC-AWOL, chapters 9–14 |
| 5 | May 23 rd | T-4 Distinctively Christian Caring – Part 2 | STTIL, Introduction thru chapter 3 |
| 6 | May 30 th | T-5 A Process Approach to Caring | SMTM, “A Process Approach to Caring” PCR STTIL, chapters 4–7 |
| 7 | Jun 6 th | T-6 Assertiveness: Relating Gently and Firmly - 1 | STTIL, chapters 8–12 |
| 8 | Jun 13 th | T-6 Assertiveness: Relating Gently and Firmly - 2 | STTIL, chapters 13–18 |
| 9 | Jun 20 th | T-7 Maintaining Boundaries in Caregiving T-8 Crisis Theory and Practice | SMTM, “Maintaining Boundaries” SMTM, “Crisis Theory and Practice” |

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| 10 | Jun 27 th | T-9 Confidentiality | SMTM, “Confidentiality” PCR WAH, Preface–chapter 3 |
| 11 | Jul 11 th | T-10 Caring between Visits: Caregiving and Communications Technology | SMTM, “Caring Between Visits” PCR WAH, chapters 4–6 |
| 12 | Jul 18 th | T-11 Using Mental Health Professionals and Other Community Resources | SMTM, “Using Mental Health Pro’s” PCR WAH, Chapter 7–appx C |
| 13 | Jul 25 th | T-12 Ministering to Those Experiencing Grief | SMTM, “Ministering to Those Experiencing Grief” |
| 14 | Aug 1 st | T-13 Caring for Those with Depression: The Stephen Minister’s Role | SMTM, “Caring for Those with Depr: The Stephen Minister’s Role” |
| 15 | Aug 8 th | T-14 Understanding Suicide: How to Help People Get the Care They Need | SMTM, “Understanding Suicide: How to Help People Get the Care They Need” |
| 16 | Aug 15 th | T-15 Bringing the Caring Relationship to a Close | SMTM, “Bringing the Caring Relationship to a Close” |
| 17 | Aug 22 nd | T-16 Supervision: A Key to Quality Christian Care – 1 | SMTM, “Supervision: Part 1” |
| 18 | Aug 29 th | T-16 Supervision: A Key to Quality Christian Care – 2 | SMTM, “Supervision: Part 2” |
| 19 | Sep 5 th | T-17 How to Make a First Caring Visit | SMTM, “First Caring Visit” |
| 20 | Sep 12 th | T-18 Go — God Is with You! | SMTM, “Go — God Is with You!” |
| Congratulations! Stephen Minister Commissioning | | | |