



Light of Christ Lutheran Church



2024 Stephen Ministry Training

It is very important that you attend all sessions. All classes are Thursdays beginning promptly at 6 pm and end at 8:30 pm.

Key: PCR (Pre-Class Reading) / SMTM (Stephen Minister Training Manual) / CC-AWOL (Christian Caregiving—a Way of Life) / STTIL (Speaking the Truth in Love: How to Be an Assertive Christian) / WAH (When and How to Use Mental Health)

#	Date	Module	Reading Assignment
1	Apr 11 th	T-1 The Person of the Caregiver	None
2	Apr 25 th	T-2 Feelings: Yours, Mine, and Ours	SMTM, “Feelings: Yours, Mine, and Ours” PCR CC-AWOL, preface thru chapter 4
3	May 9 th	T-3 The Art of Listening	SMTM, “The Art of Listening” PCR CC-AWOL, chapters 5–8
4	May 16 th	T-4 Distinctively Christian Caring – Part 1	CC-AWOL, chapters 9–14
5	May 23 rd	T-4 Distinctively Christian Caring – Part 2	STTIL, Introduction thru chapter 3
6	May 30 th	T-5 A Process Approach to Caring	SMTM, “A Process Approach to Caring” PCR STTIL, chapters 4–7
7	Jun 6 th	T-6 Assertiveness: Relating Gently and Firmly - 1	STTIL, chapters 8–12
8	Jun 13 th	T-6 Assertiveness: Relating Gently and Firmly - 2	STTIL, chapters 13–18
9	Jun 20 th	T-7 Maintaining Boundaries in Caregiving T-8 Crisis Theory and Practice	SMTM, “Maintaining Boundaries” SMTM, “Crisis Theory and Practice”

10	Jun 27 th	T-9 Confidentiality	SMTM, “Confidentiality” PCR WAH, Preface–chapter 3
11	Jul 11 th	T-10 Caring between Visits: Caregiving and Communications Technology	SMTM, “Caring Between Visits” PCR WAH, chapters 4–6
12	Jul 18 th	T-11 Using Mental Health Professionals and Other Community Resources	SMTM, “Using Mental Health Pro’s” PCR WAH, Chapter 7–appx C
13	Jul 25 th	T-12 Ministering to Those Experiencing Grief	SMTM, “Ministering to Those Experiencing Grief”
14	Aug 1 st	T-13 Caring for Those with Depression: The Stephen Minister’s Role	SMTM, “Caring for Those with Depr: The Stephen Minister’s Role”
15	Aug 8 th	T-14 Understanding Suicide: How to Help People Get the Care They Need	SMTM, “Understanding Suicide: How to Help People Get the Care They Need”
16	Aug 19 th	T-15 Bringing the Caring Relationship to a Close (Date has changed!)	SMTM, “Bringing the Caring Relationship to a Close”
17	Aug 22 nd	T-16 Supervision: A Key to Quality Christian Care – 1	SMTM, “Supervision: Part 1”
18	Aug 29 th	T-16 Supervision: A Key to Quality Christian Care – 2	SMTM, “Supervision: Part 2”
19	Sep 5 th	T-17 How to Make a First Caring Visit	SMTM, “First Caring Visit”
20	Sep 12 th	T-18 Go — God Is with You!	SMTM, “Go — God Is with You!”
Congratulations! Stephen Minister Commissioning			



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